

## **Health and Wellbeing Steering Group Meeting**

### **Warminster Dementia Centre**

**Tuesday 30 May 2018**

**10am – 12 noon**

In attendance: Keith Humphries (Chair) Dave Reeves (Avenue Surgery Patient Participation Group); Bernice Robbins (Carers' Champion); Babs Harris (Alzheimer's Support); Jacqui Abbott (Wiltshire Council); (Avenue Surgery); Deborah Gogarty (Older People's Champion); Sue Fraser (Town Council rep); Diana James (Carers Support) Ellie Simmonds (Avenue Surgery)

1. **Apologies:** Cllr Andrew Davis; Pippa Webster (Age UK) Jackie Maton (Carers Support)

#### **2. Chair's Announcements**

Keith has been poorly and not able to contribute as he wished for a couple of months so he apologised to the group. Keith would like to be part of the group but will not stand as Chair.

Keith reminded the meeting of the remit of the group – see terms of reference. Essentially to encourage groups to work better together. Should do more around the shared areas – e.g. volunteers.

Keith would also like to see the group become more independent of Jacqui Abbott's input, particularly in terms of administration so that it could be self-supporting. There was a small amount of money available to fund admin support.

#### **Jacqui to check what happens in other areas and circulate the details of co-ordinating the group**

#### **3. Appointment of Chair and Vice Chair**

Deborah Gogarty was nominated by the group as the Chair and Keith Humphries nominated as Vice Chair.

#### **Jacqui to take to Area Board for ratification**

#### **4. Notes and matters arising**

#### **5. Updates**

##### **a. Health and Wellbeing Fair**

David Reeves gave an update on the Health Fair:

### **Lots of positives:**

Stalls, Fire engine, D-Fib demos, lots of freebies (free), broader age mix (as Saturday), good stall holder feedback, good atmosphere, good weather! Health Fair banner and balloons (thanks to David Reeves!) Team work went well all the way through. Donations from Morrisons and Waitrose.

### **Things to improve:**

Announcements to sign post people; Someone on the door to help – wear sashes!

Raffle was a bit hidden & stall holders took part in this – maybe should be just the public.

Advertising – in Journal next to Spring Fair so got lost

Plan much earlier!

Avoid lunch hours possibly?

Questionnaire to the stall holders to see how they thought the event went and improvements that could be made.

**Jacqui and Sue Fraser to chat to Fiona Fox to see how the HWB group could fit into their events also – possibly a marquee in the park. Maybe a re-branding to engage the whole family in a fun way.**

### **b. Carers' Champion**

Bernice provided an update report – attached to these notes.

### **c. Older People's Champion**

Deborah has created a database of events and activities.

One of the main issues is not that there are not enough activities or communication about them – the issue is that there is not enough engagement from these activities and there remain barriers for people, e.g. transport, emotional, accessibility for example.

### **J.A. to forward database to the group**

Babs – there is micro information available which Alzheimer's Support uses, could make use of that.

Need to find out what is happening regarding the YourCareYourSupport and Healthwatch.

The group also needs a rep from Wiltshire Council adult care as in other areas – area co-ordinators or similar.

CIL have won the WSUN contract to look at uptake of services – need to link to CIL

**JA to contact Wiltshire Council rep and CIL rep and invite them to contribute.**

## **JA to send the JSA link to the group**

There was a discussion around transport as a barrier – need to do a little research in the first instance.

**David to speak to Warminster school and Kingdown School** – What transport is available including villages – to include gaps. A nice project for a student.

## **d. Partner updates**

### **Alzheimer's Society**

Art group set up in Dementia Centre – Monday PM – person with dementia and carers

Dementia Advisors – cover Warminster and South of area, e.g. Mere

1:1 Home Service

Vanessa Long – co-ordinates community groups

Memory Café – will be in the evening - various attractions – anyone can come for information etc.

### **Avenue Surgery**

Working well. Doctors / nurses available every day. Station Road clinic working well.

## **6. Future Priorities**

### **a. Dementia Action alliance / dementia friendly communities**

These are two different things. DAA pledge and sign up to be part of this DAA. 18 were created and Warminster does have one. The HWB group is the DAA at the moment.

Alzheimer's Society is leading on the DAA and research. Andrew Day is leading on this.

Claire Thomas (Alzheimer's Support) could help with this – DAA – link to opening of Dementia Café is a possibility

**Deborah Gogarty to investigate Safe Places and DAA and & who can work with the HWB group.**

### **b. Safe Places**

Needs a refresh

**Jacqui to check the publicity available and current sign up**

**Deborah Gogarty to investigate support for this initiative / link to DAA**

### **c. Men's Shed**

Chris Lusty of Silk Works offering space to rent.

## **JA to reconvene Men's Shed group**

### **d. Memory Café**

This funding is in place, awarded by the Area Board and this will be set up for evenings. There will be varying activities for people with dementia and their carers, even if not diagnosed and at early stages – a support group.

### **e. Volunteering recognition**

Volunteer recognition – seminars, awards, stalls. National Volunteer week in June.

CIL – ABCD community development – check what they are working on.

Could link to National Volunteer week and link to June 2019 possibly. Chat to other volunteer co-ordinators, CIL etc.

## **JA, KH, DG to form small working group to investigate this initiative**

### **7. Budget 2018 / 19**

£7,700 in the budget

### **8. Funding Recommendations**

None at the moment but likely to be: Men's shed, events, HWB co-ordination

### **9. AOB**

Thanks to Keith for his Chairmanship over the last year.

### **10. Dates of meetings Tues 18 September & Tues 4 December 10 – 12**